

# tapas

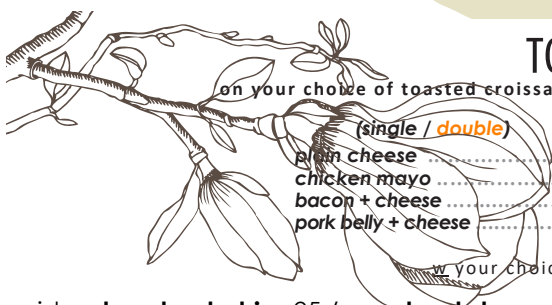
<b>bruschetta</b> 3 slices toasted sourdough <u>w</u> a choice of	55	<b>roast pork belly</b> sliced & grilled, served <u>w</u> a spiced apple chutney	62	<b>chickpea patties</b> fried chickpea patties <u>w</u> cucumber raita	44	<b>veggie nachos</b> a bowl of corn tortilla chips & mixed cheese topped <u>w</u> tomato salsa smooth cream cheese & avocado* salsa <u>w</u> sliced jalapeno pepper	68
- plum tomato, mozzarella & pesto - pickled beetroot & goats cheese - grilled vegetable & hummus - smashed avocado* & sriracha - wild mushroom & crème fraiche		<b>risotto cheese balls</b> crumbed & fried served on a cauliflower puree	42	<b>peppadew poppers</b> stuffed <u>w</u> feta & mozzarella, crumbed & served <u>w</u> brinjali relish	48	<b>meze board</b> hummus + toasted flat bread, grilled halloumi, cheese, grilled peppers, brinjals & baby marrows, chickpea patties + cucumber raita, rice, olives, marinated olives + feta cheese	185
<b>potatas bravas</b> fried potato cubes tossed <u>w</u> a spicy tomato sauce <u>w</u> a dollop of sour cream	40	<b>pan fried chicken livers</b> in a sriracha cream <u>w</u> sliced sourdough bread	58	<b>salt &amp; pepper squid</b> <u>w</u> sweet chilli mayo	88		
		<b>grilled halloumi</b>	48	<b>marinated olives &amp; feta</b>	38		
		tomato salsa & lemon wedges		<b>hummus + flat bread</b>	36		

<b>grilled hake fillet</b> seasoned <u>w</u> sea salt and black pepper, served <u>w</u> lemon wedges & homemade tartar sauce. Your choice of potato mash, cauliflower puree or hand cut fries	98	<b>slow roast pork belly</b> rubbed <u>w</u> fennel salt and slow roast, served on a creamy mash <u>w</u> pan roast veggies & a caramelised onion gravy	148
<b>beer battered fish n chips</b> hake pieces coated <u>w</u> beer batter and deep fried, <u>w</u> minted pea puree, homemade tartar sauce & lemon wedges	110	<b>grilled chicken breast</b> stack of char, grilled & basted breasts on a feta, cucumber & avocado* salsa <u>w</u> rocket & basil pesto	136
<b>grilled calamari</b> dusted <u>w</u> oregano, sea salt & pepper <u>w</u> a village style greek salad & lemon butter sauce	145	<b>chicken roulade</b> stuffed <u>w</u> spinach, feta & olive on cauliflower puree <u>w</u> pan roast vegetables & peppadew cream	148
<b>wild mushroom strudel</b> baked <u>w</u> leek, plain chevin & thyme wrapped in phyllo on cauliflower puree <u>w</u> mixed greens	98	<b>butter chicken curry</b> grilled chicken breast in a spicy ground almond butter cream sauce <u>w</u> basmati pilaf rice & sambals	118
<b>aloo tikki</b> potato cake stuffed <u>w</u> mozzarella, grilled vegetables & nuts on spiced lentils <u>w</u> hummus	89	<b>grilled halloumi &amp; bacon fillet</b> 200gr beef fillet topped <u>w</u> streaky bacon, grilled halloumi & a grain mustard cream sauce	210
<b>chickpea &amp; butternut curry</b> roast butternut, sweet potato & chick peas in a spicy ground almond butter cream sauce <u>w</u> basmati pilaf rice & sambals	96	<b>sweet chilli chicken stir fry</b> sliced vegetable & chicken strips pan roast <u>w</u> a sweet chilli soy dressing served on fragrant basmati rice	110
<b>vegan 'fish n chips'</b> lemon marinated toju, topped <u>w</u> nori, beer battered & deep fried, served <u>w</u> pea puree & hand cut fries	78	<b>steak, egg + chips</b> 200gr rump steak topped <u>w</u> black pepper sauce, soft fried egg & a side of hand cut fries	138
<b>pot pie of the day</b> a little dish brimming <u>w</u> hearty goodness, topped <u>w</u> a crust of homemade pastry <u>w</u> either hand cut fries, plain mash or a garden salad	84	<b>quiche + salad</b> choice of the day's quiche <u>w</u> either hand cut fries or a garden salad	68

## SANDWICHES & BURGERS

SOURDOUGH, WRAP OR GLUTEN FREE BREAD AVAILABLE

<b>grilled chicken + avocado*</b> char grilled chicken breast <u>w</u> rocket, tomato & avocado* & lime aioli	92	<b>urban angel burger</b>	52
<b>roast pork belly + onion marmalade</b> jenners salt rubbed pork belly slices grilled <u>w</u> rocket & red onion marmalade	94	150gr grass fed ground beef patty on a toasted kitke bun <u>w</u> tomato, homemade gherkins & haystack onions	
<b>smoked salmon + pickle</b> smoked salmon <u>w</u> smooth cream cheese, tomato, mixed greens, avocado* & pickled relish	115	<b>BBQ chicken burger</b>	52
<b>cuban sandwich</b> roast pork belly, emmental cheese, pickles & lime aioli flat press toasted on a sourdough panini	94	grain fed, free range chicken breast basted <u>w</u> our homemade BBQ sauce on a toasted kitke bun	
<b>roast vegetable + halloumi</b> grilled artichokes, olives & grilled halloumi <u>w</u> rocket, tomato & basil pesto	88	<b>bean + quinoa burger</b>	52
<b>southern fried chicken</b> deep fried buttermilk coated & spiced chicken breast <u>w</u> micro greens, slaw & ranch sauce	92	red kidney bean & quinoa patty on a kitke bun <u>w</u> tomato, homemade gherkins & haystack onions	
<b>falafel sandwich</b>	88		
spiced chickpea patties, beetroot salsa & cucumber raita on sourdough <u>w</u> rocket & tomato			



## TOASTED SARMIES

on your choice of toasted croissant / sourdough / brown / rye or gluten free banting loaf

	(single / double)		(single / double)
plain cheese	39/48	cheese + tomato	46/49
chicken mayo	52/58	bacon + egg	58/64
bacon + cheese	52/58	bacon + avocado*	58/62
pork belly + cheese	54/62	spinach, feta + olive	54/58

w your choice of hand cut fries or garden salad.

sides **hand cut chips** 25 / **sweet potato wedges** 30 / **plain mash** 25 / **cauliflower mash** 28 / **pan roast vegetables** 30 / **tempura onion rings** 25 / **garden salad** 30 / **village style greek salad** 35 /

<b>charred sweet potato &amp; bacon</b>	88
char grilled sweet potato, mixed greens, streaky bacon bits, toasted nuts & feta cheese	
<b>BBQ chicken bowl</b>	92
char grilled chicken breast, mixed greens, roasted butternut, feta cheese & toasted seeds <u>w</u> herb yogurt dressing	
<b>protein salad</b>	89
roast beetroot, butternut & sweet potato <u>w</u> chickpeas, avocado*, cocktail tomatoes & cucumber topped <u>w</u> hummus	
<b>smoked salmon &amp; tattie scone salad</b>	115
smoked salmon, rocket, red onion, cucumber stacked between crisp potato scones <u>w</u> caesar dressing	
<b>falafel bowl</b>	89
fried chickpea patties <u>w</u> mixed greens, grilled brinjals, baby marrows, cucumber raita & beetroot salsa	

## Salads

<b>salted caramel tart</b>	35
our almond pastry case filled <u>w</u> salted caramel topped <u>w</u> dark chocolate ganache served <u>w</u> cream or ice cream	
<b>berry bakewell tart</b>	35
frangipane & homemade berry jam filled tart served <u>w</u> cream or ice cream	



## Sweet treats

<b>pecan pie tart</b>	35
our almond pastry case filled <u>w</u> a rich pecan nut filling served <u>w</u> cream or ice cream	
<b>apple crumble tart</b>	35
spiced granny smith apple topped <u>w</u> sweet n salty crumble served <u>w</u> cream or ice cream	

<b>ice cream + dark chocolate ganache</b>	38
3 scoops of ice cream topped <u>w</u> warm dark chocolate ganache	
<b>chocolate brownie</b>	38
your choice of either our dark chocolate brownie or banting brownie served <u>w</u> cream or ice cream	

please check with your server to see what other goodies we have available on the table & boards



# Rise & Shine

While we are huge fans of breakfast, it is available until 5pm only

anchovy paste <u>w</u> slices of fresh tomato, cucumber & rocket .....	42
pan fried chicken livers <u>w</u> mustard cream & micro greens .....	45
smoked paprika hummus, avocado* & toasted seeds .....	45
homemade jam, marmalade & butter .....	30
fried egg, smashed avo & sriracha .....	48
spicy beans & cheddar cheese .....	48

## bites on toast...

### everyday eggs .....

2 eggs; poached, scrambled or fried w our Urban Angel signature sourdough toast  
+ grilled halloumi .....20 + streaky bacon/beef .....20+ fresh avocado\* .....18

(please note that egg white scrambled eggs or omelette can be made at a surcharge of 10 to the original price)

### spinach, mushroom & avo stack .....66

grilled brown mushrooms, creamed spinach & feta cheese, fresh avocado\* finished w a poached egg

### cauliflower & bacon rosti .....

crispy cauliflower & zucchini rosti topped w avocado\*, streaky bacon/ beef & a poached egg

### cauliflower & halloumi rosti .....

crispy cauliflower & zucchini rosti topped w avocado\*, grilled halloumi cheese & a poached egg

### bagel brekkie .....

2 eggs, your way; streaky bacon/beef & tomato on a lightly toasted cream cheese topped bagel

### urban brekkie .....

2 eggs, your way; streaky bacon/beef, oven roast tomato, sausage, spicy beans, potato scone & toast

### veggie brekkie board .....

2 poached eggs, veggie sausage, avocado\*, roast tomato, spicy beans, grilled halloumi, mushroom toast, rocket & parmesan

### omelette .....

plain 3 egg open omelette served w toast of your choice.

## breakfast extras

- + streaky bacon/roast pork belly/beef 20
- + pork/beef/veg sausage 18 +mushrooms 14
- + cheddar/ feta / mozzarella cheese 15
- + smoked salmon 48 +spinach&feta 18
- + oven roast tomato 8 +fresh baby spinach 14
- + grilled halloumi 20 + spicy beans 14 + avo\* 18
- + 1 egg - poached or fried only 8

### - kids brekkie -

#### lil flapjack stack .....

2 buttermilk flapjacks w bacon & syrup or banana & berry compote

#### eggs & soldiers .....

1 poached egg w cheesy toast fingers

#### little cave kid brekkie .....

1 poached egg w bacon/beef & a dollop of hollandaise

#### mighty sunrise .....

1 fried egg, 2 rashers of bacon w oven roast tomatoes & toast

### date & nut porridge .....

ground nuts, coconut, banana & dates

### porridge oats .....

rolled oats, milk & honey

### quinoa crunch .....

honey roast granola & yogurt

### croissant bacon butty .....

toasted plain butter croissant w streaky bacon/beef & scrambled egg

### vegetable hash bowl .....

pan roast vegetables, sauteed mushroom, caramelised onions, roast peppers & crisp potato cubes w a couple of eggs & toast

### breakfast hash bowl .....

sauteed mushroom, heirloom tomatoes, caramelised onions, roast peppers & crisp potato cubes w a couple of eggs & toast

### eggs benedict

a couple of poached eggs on our sourdough topped w a dollop of hollandaise sauce

+ streaky bacon/beef .....78

+ spinach & feta cheese .....78

+ smoked haddock .....84

+ smoked salmon .....110

### croque madame .....

a single sandwich of sourdough bread, emmental cheese smothered w béchamel & topped w fried eggs

- choice of roast pork belly or wild mushroom

### croque monsieur .....

a single sandwich of sourdough bread, emmental cheese smothered w béchamel

- choice of roast pork belly or wild mushroom

### french toast or flapjack stack

choose from a stack of 3 buttermilk flapjacks or egg dipped sourdough, served w faux maple syrup

+ plain jane .....

dusted w icing sugar & a drizzle of syrup

+ crème brulee .....

vanilla infused custard, honeycomb crunch & fresh berries

+ berry meringue .....

berry compote, cream, crushed meringue & toasted almonds

+ ol' faithful .....

grilled banana, streaky bacon/ beef & a drizzle of syrup

They say breakfast is the most important meal of the day, that's why we use organic eggs, wood smoked bacon, pure meat sausages with natural casings & our homemade artisan signature Sourdough... Yum yum!!